

SKINCARE TIDBITS 2020

PRODUCT	NON-MEDICATED	MEDICATED
SOAPS	DOVE ,CERAVE, AVEENO, EUCERIN	
FACIAL WIPES		ACNE-FREE WIPES
LOTIONS (oily skin)	CERAVE	
CREAMS (dry skin)	CERAVE CREAM, EUCERIN ECZEMA RELIEF, AVEENO ECZEMA	CERAVE SA, LAC-HYDRIN 12%, AM LACTIN 12%, EUCERIN ADVANCED REPAIR; FLEXITOL HEEL BALM
OINTMENTS	AQUAPHOR, VANIPLY, CERAVE, VASELINE	
SHAMPOOS		HEAD & SHOULDERS, DHS, NEUTROGENA T/SAL
RETINOLS	ROC RETINOL CORREXION NIGHT CREAM, NEUTROGENA RAPID WRINKLE REPAIR	DIFFERIN/ADAPELENE FINACEA/ AZELAIC ACID (ULTA)
BLEACHERS		PCA SKIN PIGMENT GEL HQ- FREE MURAD RAPID AGE SPOT & PIGMENT LIGHTENING SERUM <i>which can be bought at Ulta or dermstore.com</i>
SUNSCREEN SPF 30+ Uva & Uvb, zinc & titanium		
-FACE	CERAVE AM SPF 30, EUCERIN DAILY PROTECTION SPF 30, AVEENO ULTRA CALMING SPF 30, OIL OF OLAY SPF 30 NEUTROGENA SENSITIVE SKIN	COTZ MINERAL TINT SPF 50, ELTA MD SPF 40, tinted (ULTA OR AMAZON)
-BODY	NEUTROGENA SENSITIVE SKIN VANICREAM SPORT SPF 50 (Walgreens or Amazon)	
	LANDS END, GAP-FIT	COOLIBAR, SOLUMBRA